Okehampton Flyers Gym, Trampoline & DMT Club

Codes of Conduct

Gymnast Code of Conduct

For everyone to enjoy their time at the club, we expect all club gymnasts to:

- Wear suitable attire for training and events, as described in our dress code
- Ensure long hair is tied back and that jewellery is removed or taped
- Inform the lead coach of any injuries/illness they have before the session begins
- Show respect to their coaches and fellow gymnasts
- Show humility in learning and listen carefully to instructions
- Treat all equipment with respect
- Remain in the gym/sports hall until the end of their session until they are collected by their parent/guardian.

We do not expect members to:

- Chew gum, smoke, consume alcohol or take drugs during sessions or whilst representing the club
- Use rude, threatening, racist or sexist language
- Display threatening or intimidating behaviour towards other members, staff, officials or volunteers
- Take part in or condone any behaviour that may impact or endanger others
- Use mobile phones during sessions except in an emergency.

Disciplinary Procedure for Gymnast Misconduct

Every gymnast has the right to come to class and feel safe and have fun. Misconduct will be dealt with in the following way following three banded levels:

Yellow - minor disruptive behaviour
Younger gymnasts such as pre-school age with diminished understanding, e.g. not taking turns, climbing on apparatus, reports from other gymnasts they are saying 'nasty things', etc.
Consequence: Coaches to give verbal warning to improve behaviour, may give one or two warnings
Full explanation will be given to gymnast throughout. Parent will be informed at end of session.

Orange - physical behaviour such as pushing and shoving others, repeated bad behaviour throughout a session or across multiple sessions, verbal bullying, racism, swearing, inappropriate topics on conversation, etc.
Behaviour is affecting the safety or the experience of others in the gym/group
Previous warnings have been given during the session
Consequence: Child will be sat out to miss turns. A full explanation will be given to the gymnast. The time sat out will depend on the severity of the misconduct and the age of the gymnast. Parents will be informed at the end of the session.

Red - extreme physical violence such as punching, hitting, pushing others over, etc. Behaviour is affecting safety or the experience of others in the gym/group. There is concern for the safety or welfare of coaches/gymnasts
Repeated poor behaviour, regularly sat out, previous parent meeting
Consequence: Gymnast can be removed from the session and/or given suspension from future sessions

Parent/Guardian Code of Conduct

We expect all parents/guardians of club members to:

- Register their child on our online system, including completing emergency contacts, medical information and consents
- Encourage their child to learn the rules and participate within them
- Discourage challenging and arguing with coaches and officials
- Help their child to recognise progress and good performance, not just results
- Set a good example by recognising good sportsmanship and applauding the good performances of all
- Ensure their child is dressed appropriately for the activity and has plenty to drink
- Keep their contact details up to date and pay any fees for training before the start of each term
- Keep the club informed if their child is ill or unable to attend sessions
- Share any concerns or complaints about any aspect of the club with the coaches and/or club manager
- Use correct and proper language at all times
- Always ensure their child arrives on time for their session
- Always collect their child promptly at the end of a session
- Support their child's involvement and help them to enjoy their sport.

We do not expect parents and guardians to:

- Force their child to take part in sport
- Punish or belittle a child for poor performance or making mistakes
- Use bad language or inappropriate behaviour
- Display threatening or intimidating behaviour towards other members, club staff, volunteers or parent/guardians
- Attempt to undermine or override a coach regarding decisions surrounding a gymnast's programme.

Disciplinary Procedure for Parent Misconduct

Inappropriate behaviour will not be tolerated in the club and parents/guardians will receive a warning should any such behaviour occur. Any parent/guardian receiving three separate warnings will be asked to leave the club.

Club Coach, Official and Volunteer Code of Conduct

All club coaches, officials and volunteers must:

- Consider the well-being and safety of members at all times
- Develop an appropriate working relationship with members based on mutual trust and respect
- Ensure their training is up to date and provide evidence of qualifications
- Attend training to ensure that they remain appropriately qualified in all areas relevant to their role
- Make sure all activities are appropriate to the age, ability and experience of those taking part
- Ensure all participants are suitably prepared physically and mentally when learning new skills
- Display consistently high standards of behaviour and appearance, dressing in accordance with club guidelines
- Obtain prior agreement from the parent/guardian of performers before transporting them anywhere (training/competitions) and notify the club that they will do so
- Report any incidents, referrals or disclosures immediately, following the guidelines set out in the BG child protection procedures
- Promote the positive aspects of the sport (eg. fair play and respect)
- Encourage performers to value their performances and not just results.

We do not expect club coaches, officials and volunteers to:

- Use inappropriate language whilst involved with club activities
- Use mobile phones during a training session except in an emergency or unless they are taking videos for feedback on club devices
- Transport unaccompanied gymnasts aged under 16 in their cars except in exceptional circumstances, and only then with the parents' express written permission
- Shout or raise their voice, unless a child's safety is at risk
- Eat or chew gum, smoke, consume alcohol or take drugs of any kind whilst representing the club
- Have members stay overnight at their home, or share a hotel room with a gymnast or assistant coach under 18
- Exert influence over performers to obtain personal benefit or reward
- Accept or offer social network 'friend requests' from gymnasts aged under 16
- Condone rule violations or the use of recreational drugs or prohibited substances
- Divulge confidential information unless with the express approval of the individual concerned.

Disciplinary Procedure for Coach/Official/Volunteer Misconduct

Inappropriate behaviour or activity will result in disciplinary procedures under the club's disciplinary procedures (see staff handbook).